

2009-2010



HANDBOOK



CONTACT INFORMATION

Address: MWV Ski Team, PO Box 780, 13A Route 16A, Intervale, NH 03845

Phone & Fax: 603-356-7627

E-mail: skiteam@roadrunner.com **Website:** www.mwvskiteam.com

WELCOME LETTER

Dear Athletes and Parents,

Welcome to the 2009-2010 Mount Washington Valley Ski Team! We look forward to the return of many good friends and welcome the arrival of many new MWVST athletes and families. We are sure that you'll find this a great year to be a part of the MWV Ski Team.

We encourage both the athlete and the parent to take the time to review the information in this packet. You will find the answers to many of your questions and concerns. There is a wealth of knowledge in this package. Please also explore around our website mwvskiteam.com. The handbook will be there, along with a lot of other documents, and updated info and newsletters are there. There are also useful links.

You will also find your registration packet. These forms need to be filled out completely and returned with your tuition payment. Return your registration packet with full payment by October 15, 2009 to save money. Please return a separate registration packet for each athlete in your family. It is important that we have a complete set of paperwork from all athletes.

We look forward to your participation in the Mt. Washington Valley Ski Team and a successful 2009 – 2010 ski season. We are always happy to help with any questions or concerns that you might have, please don't hesitate to contact us. Our new ski team office is located at the southern intersection of Rte. 16 A in Intervale. We are the tan building with white trim. The offices are located on the ground floor. Please feel free to visit.

We are looking forward to a great season!

Sincerely,

Dave Gregory
MWV Ski Team
Program Director/Head Coach
skiteam@roadrunner.com

Bruce Hill
MWV Ski Team
BOD Chairman
bruce@catf.us

MISSION STATEMENT

The Mount Washington Valley Ski Team is dedicated to:

- Providing an outstanding program of ski education, training, and racing for Junior I, 2,3,and Senior, including physically challenged athletes in all levels of competition in the Eastern Region as well as select National and International events sanctioned by the United States Ski Association (USSA) and the International Federation of Skiing (FIS).
- Promoting ski racing and training as a structure within which young athletes can learn the benefits of long-term commitments, responsibility, self-discipline, and dedication as a means of attaining their goals.
- Expecting the highest level of competition excellence from athletes and in so doing provide the format for a higher level of achievement.
- Developing in athletes a sense of both individual and team leadership and responsibility.
- Developing in athletes an attitude of camaraderie and respect for fellow team members, competitors, and athletes.
- Promoting in all athletes good citizenship and a healthy lifestyle.
- Providing as safe an environment as possible for training and racing on an affordable basis.

MT. WASHINGTON VALLEY SKI TEAM HISTORY

The Mt. Washington Valley Ski Team/Mt. Washington Valley Alpine Education Foundation was incorporated in 1981 as an educational, non-profit foundation with the charitable purpose of training and educating young men and women in the sport of skiing and ski racing.

The roots of our team reach back to the Eastern Slope Ski Club Junior Ski Program (ESSC), which began in 1938 and is the oldest program of its kind in the United States. The ESSC developed an introductory program of ski education designed to provide the opportunity for all children in the Mt. Washington Valley area of New Hampshire to learn to ski. As the sport of ski racing gained in popularity, some more accomplished ESSC junior skiers began competing in the growing junior ski racing circuit. These early junior racers from the Mt. Washington Valley and their parents then founding the Mt. Cranmore, Attitash and Wildcat Mountain Alpine Educational J3, 4, 5 Foundations.

The success of these junior racing programs created the need for a next step available to all racers in the Mt. Washington Valley. This led to the development of the Mt. Washington Valley Ski Team (MWVST) and the Mt. Washington Valley Alpine Education Foundation (MWVAEF). The “Valley Team”, as it has become known, was formed as a cooperative umbrella organization to which racers from the JIII and JIV programs in the Valley could generate into at age 15.

The team’s full time professional head coach and program director and his staff serve as a full time resource for the part time programs in the Valley. They provide united direction and a common technical basis for the various Mt. Washington Valley ski racing programs. Our team is also a resource to athletes who visit the Valley or who join in supplementary programs offered by our team.

The base of the Mt. Washington Valley Ski Team is extremely broad. There are over twelve hundred young athletes learning to ski each year in the ESSC Junior Ski Program. There are hundreds more learning to ski as weekenders through the various Mt. Washington Valley ski area programs. There are also over 250 young athletes racing at the entry level through the Mt. Cranmore, Attitash, and Wildcat junior racing programs.

Our goal is to enable each and every one of our athletes to achieve his or her full potential and their respective goals, whatever they may be, from being an outstanding high school racer, to USSA, or to collegiate ski racing, to eventually becoming a member of the US Ski Team. Along with this, the MWVST focuses on building within each athlete a positive self-esteem and self-confidence. Without programs like the MWVST, promising athletes would have to enroll into ski academies, which are prohibitively expensive and mean living away from home. The MWVST offers all the benefits of a ski academy, without the price tag and it affords kids the opportunity to stay home while receiving a top rate ski racing experience.

ALUMNI ACCOMPLISHMENTS

Leanne Smith, US Ski Team member. 2007 Overall Nor Am Champion. 2007 Nor Am Super G Champion, 2007 Ski Racing/USSA Junior Female Skier of the Year. Promoted to B TEAM and had 12 World Cup starts in the 07-08 season. She had a 17th in her first World Cup Super G at Lake Louise, Canada last November. Leanne placed 2nd in Super G and 4th in Downhill at the 2008 US National Alpine Championships at Sugarloaf, ME. 4th place in the Super G portion of a World Cup Super Combined in Switzerland in Dec.2008. Hoping to ski in the 2010 Winter Olympic Games.

Alec Tarberry-2 time 2008 NCAA All American, 2008 NCAA Championships, Bridger Bowl, MT

Danielle Shannon-2009 US Collegiate Skiing Association National GS Champion. 4 time USCSA All American,

Peter Ostroski-4 time USCSA All American

Josh Kernan-2 time NCAA All American 2009 NCAA Championships, Sunday River, ME

Mike Cremeno-2009 NCAA All American in GS, 2009 NCAA Championships, Sunday River, ME.

Ace Tarberry-4th place in Downhill at US Alpine National Championships at Alyeska, Alaska. March 2009.

Many MWV Ski Team athletes have gone on to ski at various colleges across the country:

The following athletes competed and graduated from the schools listed:

Jesse McAleer – UNH, team captain, All East
Erin Sullivan – UNH, team captain, All East
Justin Chandler – University of Colorado
Jed Duke – St. Lawrence University
Abby Albee – St. Lawrence University
Steve Harris – St. Lawrence University
Jon MacDougall – St. Lawrence University/WPI
Kate Drummond – Bates College
Tom LeBosquet – Bates College
Alana DeNapoli – Bates College
David Romagnoli – Bates College
Cree Eliason – Plymouth State University
Nicole & McKenzie Wessen – Colby College
Mike Booras – Colby College
Jim Watt – Bowdoin College
Meghan Detering – Bowdoin College
Brooke Wood – Dartmouth College
Kim Kernan – St. Lawrence University
Zach Kernan – Bates College
Jeff Avallon – Babson College
Greg Avallon – Boston College, All American, Captain
Scott Fitzgerald – Boston College

Bryan Walker – Fort Lewis College, team captain
 Jacqui Miller – Williams College
 Alec Tarberry-Middlebury College-All American
 Ben Sigel – Middlebury College
 Tyler Vadeboncouer – Middlebury College
 Nicole Vadeboncouer – Colby College
 Melissa Maguire – Colby College, team captain
 Heidi Mann – Plymouth State University
 Derek Pelletier – Colby College, team captain
 Bill Young – Colorado Mountain College
 Wendy Dunham – Plymouth State University
 Ryan Scanlon-Boston College
 Kelly McDonald – St. Michael's College
 Rita Snow – St. Michael's College
 Seth Mann – Tufts University, team captain
 Christine Poliquin – UNH
 Dan Lewenberg – Colgate University, team captain
 Carolyn Lewenberg – UMass, All American
 Dave & Chris Pomeroy – UMass
 Caitlin Doughty – UMass
 Marshall Doughty - Northeastern University
 Kevin & Shay Collins – UMass
 Andrew & Courtney Benson – Tufts University, Captain
 Skip & Seth Bartlett – Plymouth State University (Seth is still racing at PSU)
 Eric Kimball – Lehigh University
 Paul Lewenberg – UMass
 Amanda Lea – UMass
 Jim Green – UMass

Currently skiing for their schools:

Josh Kernan – Colby College Katie Kernan – College of Idaho
 Ace Tarberry – Dartmouth College Kaitlin Hull – Colby-Sawyer College
 Jake Palmer – Colby-Sawyer College Mike Cremeno – UNH
 David Romagnoli -Bates College Caity Barber - Fairfield University
 Pat Carlucci – Fairfield University Nick Carlucci - Fairfield University
 Alexandra Norden – UNH Sam Norden - UNH
 Peter Ostroski - Plymouth State University Danielle Shannon - Colby-Sawyer College
 Geoffrey McCrossan - Williams College Joe Atwood – Colby-Sawyer College
 Tyler Haynes – St Michael's College Kendra Kenney – St Michael's College
 Jeff Smallcomb-University of Colorado Ashley Langlands-St Michael's College
 Ethan Romagnoli-St Michael's College Carter Berton - McGill University
 Alex Leich-St.Lawerence University Brendon Murphy-Clarkson University
 Abby Middleton-St.Michael's College Hillary Weber-Boston College
 Maggie Flynn- Colby-Sawyer College

Several of our MWVST Alumni have gone on to successful careers in the ski industry:

- Jed Duke is the Product Manager for Blizzard Ski Co.
- Erin Sullivan works for POC, USA
- Justin Chandler is the Program Director/Head Coach at Telluride
- Jesse McAleer had a successful career on the US Pro Tour
- Tara McIntire coached the UNH Ski Team and MWVST
- Brian Walker was the Headmaster at Sugar Bowl Academy in Lake Tahoe
- Dave Gyger is the assistant ski coach at Plymouth State University
- Danny Noyes is the Head Coach at Colby College
- Mike Booras was the assistant coach at Colby College. He and Danny also coached football at Colby
- Josh Helger, MWV Ski Team Coach
- Sam Bryant, MWV Ski Team Coach and Cranmore coach. Now coaching at Lake Tahoe.
- Brian Blank is the Head Alpine coach at UNH.
- Sean Tannehill is the Operations Manager at Telluride Ski Resort.
- Rob McCune is the Head Ski Coach at Tufts University
- Seth Mann was an assistant coach at Tufts University
- Matt Regan worked for Volkl/Tecnica
- Hans Smith founded Armada Ski Company. He is president and CEO.
- Skip Bartlett , MWV Ski Team Coach
- Sean Badger, MWV Ski Team Coach
- Alex Tarberry, MWV Ski Team Coach
- Andrew Benson, MWV Ski Team Coach
- Samantha Lewenberg, MWV Ski Team Coach Natick MA HS Coach
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BOARD OF DIRECTORS

To create continuity on the Board terms are for three years. No less than seven members no more than fifteen. At the end of a term a board member may ask to be re-nominated or to serve “Emeritus”. The desired result is to have experience to draw on but also to involve new parents.

Chairman- Bruce Hill
Treasurer- Phil Ostroski
Vice Chairman-Don Kernan
Secretary- Cindy Karabelas
Kathy Badger Jim Green
Tom Barbour Deb Callis
Kevin Nolan John Halupowski
Bob Langlands
Paul Cremeno Paul Carrigan

EMERITUS

Bob Maguire Frank Lewenberg
Ed Poliquin Lois Mann
Slim Bryant Sal Casella
Chris Booras Ray Gilmore
Jim Malapan

COACHING STAFF

Dave Gregory – Head Coach/Program Director

Paul Cremeno

Skip Bartlett

Joey Miller

Sean Badger

Jay Hydren

Claudine Safar

Tom Flavin

Luke Martin

Josh Helger

Samantha Lewenberg

Alec Tarberry

Andrew Benson

Dan Marshall

Bruce Hill

Scott Daigle

Ed Bradley

Other coaching staff members TBA

OFFICE MANAGER – Martha Leich

MWVST PROGRAM OPTIONS
Please read- some changes for 2009-2010

WEEKEND/HOLIDAY PROGRAM: This program is designed for athletes ages 15 years and older who would like to train and race on weekends and during school vacations. Training begins Saturday, November 29th (weather permitting) and ends in early April.

Tuition: \$2200.00 if paid in full by 10/15/09, \$2400.00 after 10/15/09

FIS Racing: Athletes planning on FIS racing will pay a \$300.00 FIS coaching fee to offset the costs of providing coaching staff for FIS racing and travel. For Kennett students, a contract for school release authorization must be signed by the student, parents, head coach, and high school administrator.

FIS Coaching Fee: \$300.00

DEVELOPMENT PROGRAM: This is a program for athletes who are not looking to race a full season and more interested in developing their ski racing skills. Athletes in this program are limited to 6 race starts for the season. Extra race starts are \$100 per race. The development team trains with the rest of the team and interested athletes should purchase a Valley Pass. Training begins 12/12 and ends 3/15

Tuition: \$1500.00 if paid in full by 10/15/09, \$1,600.00 after 10/15/08

MID WEEK J3 PROGRAM: This program is for J3/J4 athletes who would like to train during the week in addition to their participation in a J3/J4 program at their home mountain. Training will take place on Tuesday thru Friday afternoons. For Kennett students, a contract for school release authorization must be signed by the student, parents, head coach, and high school administrator.

Tuition: \$550.00

Mid Week Program: This program is for any WEEKEND/HOLIDAY MWVST J1/2/Sr athletes who would like to ski during the mid week in addition to the WEEKEND/HOLIDAY program. Athletes can ski mid week afternoons between Tuesday and Friday. For Kennett students, a contract for school release authorization must be signed by the student, parents, head coach, and high school administrator.

Tuition: 550.00

FULL TIME PROGRAM: Athletes looking to participate “full time” should sign up for the weekend/vacation program and the mid week program, and pay the FIS racing fee if they plan to do FIS races.

Tuition is non-refundable. Tuition must be paid in full before purchasing the Valley Pass. **Additional fees may apply for transportation and coach and athlete expenses for FIS, out of state and championship events, please see the section on Traveling with MWVST.

VALLEY PASS: This is a ski pass offered exclusively to MWV Ski Team athletes only, by the ski areas that the ski team trains at: Attitash, Cranmore, and Wildcat. The price of the 2008-2009 Valley Pass was \$565.00. We anticipate that the 2009-2010 pass will be

approximately the same. Ski area management will let us know in the fall. The Valley Pass may be used at all ski areas for the entire ski season, 7 days a week, including holidays. If you are a J3 that will be training with the MWVST during the week, don't buy a pass at your home ski area and a Valley Pass. *Take note that the Valley Pass is to be issued for its intended purposes ONLY, see Code of Conduct.*

FAMILY COMMITMENTS

It is critical that each family hold up their end when it comes to hosting races and putting on fundraisers. In the past year fund raising revenues were down. A significant part of the tuition is offset by the fundraising which includes races, the Ski Ball and our Golf Tournament. Without these efforts, tuition could easily rise by over 50%. The MWVST is a team on and off the hill. Working together is what makes us successful. As you will read below our races and fundraisers benefit our racers and our program in multiple ways. Each family, including athletes, are responsible for doing their part. Please take these commitments seriously. We thank you for doing your part and the many of you who go above and beyond!

Hosting Races

We continue to host a lot of races in the Valley. There are two reasons for this: races are a source of income for the program and more importantly they provide a "home field advantage" for our racers as well as exposure for the program. There are no two hills alike in ski racing, and being able to train on the hill you compete on can be a significant advantage. Since we have the opportunity to train at several areas, it provides our athletes with more familiarity with the hills they will race on. It does take a lot of work on the part of staff, families and friends, but it is a vital part of our program. We have a strong reputation in the industry for hosting quality races and the program takes great pride in that fact. We couldn't do it without the support our race workers.

In order to maintain these high standards, it is vitally important that we work together as a team, and that all families hold up their part of the agreement. The success is dependent upon the help from each racer's family. Not only are the racers benefiting from being able to race on our home hills, but the revenue that these races bring in also carries over in the costs of the program. The more races we host the more revenue we make, allowing us to keep costs lower across the board.

Fundraising

As a member of the team you are part of the Mt. Washington Valley Ski Team and you become a part of our family and a part of the community whether you live here or not. Over the years we have been building a strong relationship to the community. The relationship comes from our need for the community to donate their services and products to our various fundraisers. Our main goal with these fundraisers is to keep our costs as low as possible, so regardless of external status anyone interested in joining our program can have that opportunity. Regardless of your desire to participate in the fundraisers, it is a necessity that the team works together, and everyone does their share. This is simply another thing to benefit the athletes and their families, so we appreciate the willingness of everyone to take an active role. The hardest part of these fundraisers comes down to

securing items for auctions and prizes for raffles, a rather large part for one person to do, however when done together it can be done with ease.

The Ski Ball is the Saturday evening of MLK weekend, and the Golf Tournament is sometime the third week of June. All families need to help with BOTH of these fundraisers. Help is needed in planning and running these events, each family also has responsibilities for each event.

RACE WORKER COMMITMENT

Each of the programs offered by the Mt. Washington Valley Alpine Education Foundation requires a race commitment by the families involved. During the 2008-2009 ski season, it is the requirement of each family to work a minimum of six (6) races. Development Team families must work a minimum of four (4) races. Each race is valued at \$120.00. If you do not work your commitment you will be billed for each race missed at \$120.00 per race.

One race is equivalent to one person showing up and working for the entire race and SIGNING IN. For example, if two parents work the entire day of one race that counts for 2 of your commitments. If you only work for half a day they will not count as a commitment. You do not have to personally work the races, you may opt to have other family members or friends work your races for you, they just need to sign in and note that they are working for your family. Please note that working races is part of your commitment to the team, you will not receive a voucher for working the race. Below you will see a schedule of all the races/events we will host for the 2009-2010 season, this schedule is also in the athlete registration packet. Please fill in your name next to the six races of your choice. Also enclosed is a list of race worker jobs and descriptions, you may request to work a specific job, and while we will do our best to assign you as requested, there are no guarantees.

Race workers are placed where they are needed. Jobs marked with a star * require a USSA license; please indicate if you have a USSA Alpine Officials License and list your number.

Race worker names and assignments will be posted on our web site mwvskiteam.com,

please check it before races. **Remember it is your responsibility to sign in at**

registration in order to get credit for the race. Do not rely on the race

administrator to sign you in to receive your credit; she has a lot to do during

the course of a race day. If you become unavailable for a race you have signed

up for let us know as soon as possible, no shows on race day can cause

problems.

RACE SCHEDULE 2009-2010

Race schedule will be published in the fall version of the handbook. MWVST will be hosting the Eastern high School Championships again in 2010.

'Fencing' days can be worked for credit. They may be worked in lieu of race days. Make sure to sign in with a coach for worker credit.

Due to weather it is sometimes necessary that we change dates of races. We will inform you of the changes as soon as possible. If a race date is changed that you were signed up to work you will need to confirm with us whether you will work the race on the new date or if you will sign up for another race. In the event that a race you signed up for is cancelled you will need to make that race up during the rest of the season, the only exception to this is if it is the last race of the season.

FUNDRAISING COMMITMENT

Due to the fact that a significant portion of our income is derived from fund raising active parental participation is essential for the successful implementation of the program. **You are required to participate in both of the major fundraising events.** You will find these events fun and exciting to work on, and they bring the team together in a setting away from the mountain. We are always interested in new ideas to improve our fundraising and encourage your suggestions.

Participation by all families is required in order to have successful fundraisers. Each family is required to be involved in putting on all fundraisers. Each family needs to participate on the organizing committee for one of these events please indicate that when registering. Once committees are formed specific tasks will be assigned to each parent in the program. Each family's contribution to each of these events is valued at \$600. A \$600 donation per event may be made to MWV in lieu of each of these commitments.

MWV Ski Team Ball: January 16th, 2010

This committee will be responsible for putting on the MWVST Ski Social at the Grand Summit Resort & Hotel at Attitash Bear Peak. This event usually includes heavy oerves deuves, silent auction, raffle, and more.

Golf Tournament: June tbd, 2010

This committee will be responsible for organizing the MWVST Golf Tournament at the Wentworth Golf Club in Jackson, NH. This will include obtaining sponsors, collecting prizes for raffle, winners, and auction, getting players, and more.

Additionally each family must do the following to support all of the MWVST events:

- **For the Ski Ball:**
 - **Purchase or sell tickets, at least 2 adult and 1 athlete per MWVST athlete.**
 - **Obtain at least 1 item for the auction/raffle.**
 - **Sell at least 1 extra ticket to family, friends, and colleagues or obtain sponsors.**

- **For the Golf Tournament:**
 - **Obtain at least 1 prize (ideally 4 similar items that can be awarded to a team of four) or an item for the raffle or auction.**
 - **Get at least 1 person to play in the tournament (this may include yourself).**
 - **Obtain at least 1 sponsor for the event.**

TRAINING SCHEDULE

For training schedule and updates call the ski team office, 603-356-7627. Weekend schedules will be on the answering machine on Thursday evenings and posted on the website as often as possible. We will do our best to get the training schedule posted as soon as possible; however sometimes due to looking for the best possible training we may not be able to post a training schedule until the night before.

RACE SCHEDULE

Please read the NHARA handbook for information on J1 and J2 racing. Contact us if you have questions. Suggested race schedules for MWV athletes will be in the newsletters, and posted on the website. The full newsletters are also posted on the site.

RACE ENTRY VOUCHERS

Race vouchers should be sent in EARLY. Be sure to include the entry fee with your voucher and mail to the hosting club – the NHARA book has the address for all of the NH Race Administrators. Please note that the Race Administrator ***does not have to accept phone, fax, e-mail or late entries***, so be prepared and send your entries in early, including those for races we are hosting.

DRYLAND TRAINING and FALL HIKES

MWVST does three fall training hikes, participation in 2 of these is required to get racer pricing on equipment at the fit session. These hikes are also fun and a great way for everyone to get to know each other and become a team. Athletes also train at 1-2-1 FIT in North Conway. Our athletes are given a great deal on training there, payment is made to 1-2-1 FIT. Details will be made available.

OUTSTANDING BALANCES

All outstanding balances (i.e. race worker fees, travel expenses, etc) from the previous season must be settled before registering for the 2009-2010 season. Skiers with outstanding balances will not be registered unless balances are paid in full from the prior year.

TRAINING DAYS

Training time is invaluable. Please take advantage of it by showing up on time with the proper equipment, tuned skis, and a positive attitude. All athletes are expected to help with course set up and take down. Please do not leave practice without being excused by a member of the coaching staff. If you are unable to attend a practice please leave a message or send an e-mail to let the staff know. Being on time is essential, especially for early morning training, athletes arriving late may not be allowed to train in the morning session; this is a decision made by the coaching staff.

RACE DAYS

Plan to arrive at a race no later than 8:00 AM. Make sure you leave yourself enough time to register, inspect, and warm up for the race. Training courses will be set whenever possible. If there is fencing work to be done at the end of the race MWV athletes are expected to help unless excused by an MWV coach.

SKI AREAS

You are all ambassadors for your sport; please conduct yourselves as such. Please treat all ski area staff and guests with the utmost courtesy and respect. Please pick up after yourselves in the lodge and try not to be an imposition in any way. Do not change your clothes in the middle of the lodge; use the restrooms and other changing areas for this. Keep your belongings in your bag, your bag where designated, skis in the racks not on the ground, and be on your best behavior. It is always a good idea to protect your ski equipment, separate your skis, use a lock, or store them in the car when they are not needed for an extended period of time.

MWV SKI TEAM VAN

The team has a 15-passenger van to use for travel. Tuition includes the use of this van when traveling to NHARA races (not included for FIS, out of state races, or championship events). Due to scheduling conflicts that van is not always available for every race. Racers planning to use the van need to let the office know they will be traveling on the van. The van usually departs from the scenic vista in Intervale, with a stop in Conway, or leaves from Grant's in Glen.

TRAVELING WITH MWVST **(FIS races, Eastern Cups, Championship Events)**

When traveling with the team athletes are financially responsible and will be billed for coaches lodging, athlete lodging, mileage, and meal expenses.

For athletes participating in FIS races there is a \$300 FIS coaching fee for the season in addition to their regular tuition.

There are many variables that affect FIS expenses for a particular event, parents who can provide lodging and transportation can help keep costs down. The number of athletes attending the event affects the expense costs per athlete.

LODGING: the group or individual is responsible for the lodging and meals.

COACHES EXPENSES: Coaches are given \$40.00 per day for their meals regardless of whether or not you provide food for the coaches this charge will apply to all athletes attending the event (divided between the athletes)

MILEAGE: If you are traveling in the MWVST van, mileage is split between participating athletes at a rate of 55.5 cents per mile. If a member of the coaching staff provides the use of their personal vehicle, mileage will be split between all participating athletes. If a family provides the vehicle for traveling to the event, no mileage charge will apply.